

## **SYMPTOMS OF INNER PEACE**

Be on the lookout for symptoms of inner peace!

The hearts of a great many have already been exposed to inner peace and it is possible that people everywhere could come down with it in epidemic proportions.

This could pose a serious threat to what has, up to now, been a fairly stable condition of conflict in the world.

Some signs to look for:

- \* A tendency to think and act spontaneously rather than on fears based on past experiences.

- \* An unmistakable ability to enjoy each moment.

- \* A loss of interest in judging other people.

- \* A loss of interest in interpreting the actions of others.

- \* A loss of interest in conflict.

- \* A loss of the ability to worry. (This is a very serious symptom.)

- \* Frequent, overwhelming episodes of appreciation.

- \* Contented feelings of connectedness with others and nature.

- \* Frequent attacks of smiling.

- \* An increasing tendency to let things happen rather than make them happen.

- \* An increased susceptibility to the love offered by others as well as the uncontrollable urge to extend it."

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