

Alconyms

A friend of mine calls them Alconyms most of us have heard them, they often put things into perspective for us, or give us another way to look at something, sometimes we just think they're cute. Here's a list of some of the ones that I have collected over the years.

AA

**Achieve Anything
Adventurers Anonymous
Alkie's Answer
Altered Attitudes
Always Awesome
Among Angels
Applying Action
Asshole's Admitted
Attitude Adjustment
Altruistic Action
Absolute Abstinence
Awesome Alkies**

ABC

**Acceptance, Belief, Change
Ashtrays, brooms, coffee**

**ACTION Any Change To Improve Our Nature
Any Change Toward Improving One's Nature**

AGO Another Growth Opportunity

ALOHA A Lot Of Happy Alcoholics

**ALCOHOLICS A Life Centered On Helping Others Live In Complete Sobriety
A Life Consisting of Helping Others Live Is Called Sobriety**

ANGER Any No Good Energy Rising

ANONYMOUS Actions, Not Our Names, Yields Maintenance Of Unity and Service

ASAP Always Saying A Prayer

ASK Ass Saving Kit

**BAR Beware Alcohol, Run!
Beware Alcoholic Ruin**

BATH Behavior, Attitude, Thinking, and Habits

BEST Been Enjoying Sobriety Today!

**BIG BOOK Believing In God Beats Our Old Knowledge
Believing in God Beats Our Own Knowledge**

**BOGGLE Bad Or Good, God Loves Everyone
BUT Being Unconvinced Totally**

CALM Can Anger Leave Me?

CARE Comforting And Reassuring Each Other

CHANGE Can Help Attract New Gifts and Energy

CHANGED Choosing Honesty Allows New Growth Each Day

CHAOS Can't Handle Another Overwhelming Situation

CRAP Can't Remember Anything Positive

**DEAD Drinking Ends All Dreams
Don't Ever Admit Defeat**

DENIAL Don't Even Notice I Am Lying

DETACH Don't Even Think About Changing Him/Her

DOG Depend On God

DRY Doing Recovery Yourself

DUES Desperately Using Everything but Sobriety

**EGO Easing God Out
Edging God Out**

FAILURE Fearful, Arrogant, Insecure, Lonely, Uncertain, Resentful, Empty

**FAITH Fear Ain't In This House
For All I Trust Him
Further Adventures In Trusting Him
Finding Answers In The Heart
Feeling Allright and In To Hope
Fantastic Adventures In Trusting Him
Facing All, Intuitively Trusting Him
Found Always In Trusting Him**

**FEAR Face Everything and Recover! (definitely recommended)
Failure Expected And Received
False Evidence Appearing Real
False Expectations Appearing Real
Fear Expressed Allows Relief
Feelings Every Alcoholic Rejects
Few Ever Arrive Rejoicing
Fighting Ego Against Reality
Forget Everything And Run
Forgetting Everything's All Right (not really!)
Frantic Effort to Appear Real
Frantic Efforts to Appear Recovered
Future Events Appearing Real**

FEEL Feel, Experience, Express, Let-go

**FINE Faithful, Involved, kNowledgeable and Experienced
Feeling Insecure, Numb and Empty
Frantic, Insane, Nuts and Egotistical
Freaked out, Insecure, Neurotic and Emotional
Frustrated, Insecure, Neurotic and Emotional**

GIFT God Is Forever There

GIFTS Getting It From The Steps

**GOD Good Orderly Direction
Group Of Drunks
Gift of Desperation**

GUILT God Understands I Lack Trust

GUT God's Undeniable Truths

**HALT Honestly, Actively, Lovingly Tolerant
Hope, Acceptance, Love and Tolerance
Horny Arrogant Lazy Tragic
Hungry, Angry, Lonely, Tired**

**HALTS FEAR Hope, Acceptance, Love and Tolerance Stops Forgetting
that Everything's All Right**

HEART Healing Enjoying and Recovering Together

**HELP Her Ever Loving Presence
His Ever Loving Presence
Hope, Encouragement, Love and Patience**

**HOPE Hang On! Peace Exists...
Happy Our Program Exists
Hearing Other Peoples' Experiences
Humble Ongoing Positive Effort
Having Optimistic Perspective Everyday
Heart Open, Please Enter**

**HOW Honest, Open-minded and Willing
Honesty, Open-mindedness, Willingness**

HOW NOW Honest Openminded Willing, No Other Way

**-ISM I Self Me
I Sponsor Myself
In Side Me
Incredibly Short Memory**

KISS Keep It Simple, Sugar

Keep It Simple, Sweetheart
Keeping It Simple, Spiritually
Keep It Simple – Surrender

NEW Nothing Else Worked

NUTS Not Using The Steps

OUR Openly Using Recovery

PACE Positive Attitudes Change Everything

PAID Pitiful And Incomprehensible Demoralization
PhD Panhandling Drunk

PMS Poor Me Syndrome

PROGRAM People Relying on God Relaying a Message

PUSH Pray Until Something Happens

**RELATIONSHIP Really Exciting Love Affair Turns Into Outrageous
Nightmare. Sobriety Hangs In Peril**

RID Restless, Irritable and Discontented

SLIP Sad Life In Peril
Sobriety Losing Its Priority
Sobriety Lost Its Priority
Something Lousy I Planned
Still Living In Poverty
Stopped Living In the Present

SOB Sober Old Bastard
Sober Old Biker
Sober Old Bitch

SOBER Sanity Only By Ever Reminding
Saving Our Butts Entirely Ready
Son-Of-a-Bitch! Everything's Real!
Simply Observe Bill's Exemplary Recovery

SPONSEE Sponsor's Personal Opportunity with Newcomer's Self-centered Experiences and Ego

SPONSOR Sober Person Offering Newcomers Suggestions On Recovery

**STEPS Solutions To Every Problem in Sobriety
Solutions To Every Problem, Sober**

STOP Sicker Than Other People

TEAM Together Everyone Achieves More

THINK The Happiness I Never Knew

**TIME Things I Must Earn
This I Must Earn
Today I Must Earn**

TLC Tears, Laughter and Caring

TRUST Teaching Recovery Using Steps and Traditions

**WE Walls Evaporate
Warmth Engulfs
Wilson Epitomized
Wilson's Eyes
Without Ego**

WHY Whine Holler Yell

WILLING When I Live Life, I Need God

YET You're Eligible Too