

# Rebuilding Your Life and Finances Making Ends Meet While in Recovery

Working through recovery and transitioning to the next area of your life can be difficult, but getting back to a stable life is important.

One aspect of recovering and starting over is [finding](#) employment that will work with your new lifestyle. It's crucial to always prioritize recovery, so you should think carefully about what type of work would be best for you. Discover how you can begin taking the next steps to find a new job, as well as side gigs that can help in the meantime. Here are a few suggestions from [A Second Chance](#) for how you can get started.

## Determine What Type of Job You Want and Start Searching

Think about what type of work you would like to start doing. Maybe you would enjoy teaching, but you need to go back to school. You can always work on completing your education while gaining experience as a tutor.

Getting your dream job can take time, and depending on your goals, it's important not to expect immediate results. The point is not to get frustrated if you can't obtain the type of position you'd like right away. Focus on finding out what you want to do, see what experience and education are required, and then start working in a related field as you build your skills up.

## Check Out Local Resources

It's worth researching if there is an [American Job Center](#) near you. Many people associate these offices with unemployment, but they also hold classes to assist you in preparing for interviews, improving your [resume](#), and putting job search skills to use.

You might consider starting a [LinkedIn](#) to get your name out there or joining a Network After Work meeting to make connections and build relationships with others around your area.

## Consider Side Gigs to Help Make Ends Meet

Think about possible side gigs to help supplement your living expenses while you gain experience for your ideal job or try to find employment that is more long-term. Fortunately, there are a lot of gig work options these days that can include everything from driving with rideshare services like Lyft, delivering food through Uber Eats, or working from home with a business of your own.

If you are thinking of starting your own company, [a service business](#) might be ideal. These usually do not need a lot of capital to get off the ground. Services can be anything of your choosing, such as tutoring students or being a dog walker. Consider your interests and what the demand is for the business you would like to go into so you can utilize proper business planning while maintaining [low overhead](#).

## Always Make Time for Recovery

Throughout the process of reintegrating yourself into society, you should always make time for your recovery and personal needs. Perhaps you might attend meetings, see a therapist, or work with a sponsor. While it is important to focus on your career, make sure it doesn't get in the way of your [recovery](#).

Start out slow to make sure you can handle the workload and take time off if you need to. You don't want to risk a relapse when it can be [avoided](#).

It's possible to get back to work while you are in recovery. Always prioritize self-care when needed, and make sure to work toward your financial goals in a steady manner while pursuing a job that is a good fit for you.



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